

# CURRICULUM VITAE

Louise Plant.

ND. BMD(Hon).

Bch Sc. Post Grad HE

[www.louiseplant.com.au](http://www.louiseplant.com.au)

## PERSONAL DETAILS

**NAME:** Louise Kate Plant.

**HOME ADDRESS:** 46 Fairhills Drive  
Rye  
Vic, 3941  
Tel: 0418 940 653

**DATE OF BIRTH:** 22 June 1968.

## EDUCATION AND TRAINING

**SECONDARY :  
EDUCATION** SAMUEL WARD UPPER SCHOOL  
1983-1985  
CSE level Grade 1 in English and Technology.

CAMBRIDGE SIXTH FORM COLLEGE UK.  
1985-1986 O'Level Maths, English, Chemistry, Biology,  
Physics and History.

**TERTIARY:  
EDUCATION** Diploma in Physical Chemistry Level II obtained in 1987  
Diploma in Remedial Therapies obtained in 1993.  
Diploma in Naturopathy obtained in 1994.  
Honours Diploma in Botanic Medicine obtained in 1998.  
Certificate in Herbal Horticulture in 1999  
Certificate IV Assessment and Workplace Training completed  
June 2003  
Bachelors Degree in Natural Science completed January 2004  
Diploma if Animal Homeopathy completed 2009  
Post Graduate Certificate in Higher Education completed 2009  
Studied Diploma in Holistic Counselling  
Certificate in Small Business Management 2015  
Currently updating TAE

### **ADDITIONAL STUDIES:**

Completed 8 units in Diploma in Small Business Management. Units include:-  
Marketing and Advertising, Taxation, Record Keeping, Business Law, Purchasing  
and Stock Control, Insurance and Banking, Business Finance, Pricing and Costing in  
1996.

Certificate in Iridology obtained in 1992.

Tai Chi Certificate obtained in 1992.

Kinway certificate of Attainment for 'Why Men Batter' course completed July 1999  
Comprehensive Writing Course completed may 2000  
Access 97 – introduction course completed 2000  
Quickbooks version 7.4 completed March 2001  
Certificate IV in training 2004

## ACHIEVEMENTS

- Senior First Aid.
- **Magic of Today Festival** established in Perth from 1994 to 1996. Established and coordinated the event.
- **Annual York Healing Fayre** created in 1995 and owned and run until 2007. Created computer graphics for advertising, all preparations, public relations, financing and administrative work.
- **Annual Being Well Herb Festival** created 2006 to promote sustainable living, organic, health and wellbeing.
- Journalism and article writing – Pearl Magazine, The Rich Daily
- Facilitator of Workshops and Seminars in Herbal Medicine, Herb Growing, Herbal Consultancy, Herbal Manufacturing, Spirituality, Natural Healing and Nutrition.
- Created **Herbal Growers Network of WA (HGN)**, this has established to become an ever evolving network of herb growers across the state of WA. Louise is creator, co-ordinator and motivating factor to the HGN.
- **Computer skills** Windows, Word, Office Works, Excel, Adobe, Photoshop, Lotus, CSMIS and Winworks. Certificate on completion of Access Course.
- Running 173 acre certified organic farm. Mechanical skills and general maintenance of equipment in remote areas.
- Over 25 years working hospitality industry
- Raw food chef for Raw Food and Wellbeing retreats.
- A Class and B Class License.
- Loader IT Ticket
- Conflict Resolution Training.
- Initiated Sexual Assault Referral Centre
- Senior Lecturer of Herbal Medicine at Australian Institute of Holistic Medicine for over 12 years
- Course Co-ordinator at Stillpoint Wellness Institute
- Wrote Advanced Diploma Herbal medicine and Nutrition courses. Part created degree course.
- Teaching nutrition, herbal medicine and complimentary healing for over 25 years
- Creator of organic farm in Bail
- Author and Motivational Speaker

## INTERESTS AND PASSIONS

Writing, History, Public Speaking, Martial Arts, Anything to do with Nature, Walking, Gardening, Anything to do with Herbs, Photography, Family, Psycho-drama therapy, Spirituality, Raw foods, Fasting, Cleansing, Retreats, Therapy, Music, Travel, Yoga, Animals, Reading

# GOALS

To change lives one person at a time. To increase awareness and growth to people, to encourage people to eat healthy organic foods and to learn and self responsibility, awareness and spiritual growth. To enhance my public motivational speaking activities and to talk to larger audiences each year. To publish more books.

## EMPLOYMENT HISTORY

From August to  
Current  
CEO  
Vitae Amor Seminars [www.vitaeamorseminars.com.au](http://www.vitaeamorseminars.com.au)  
Complementary Health Institute [www.chi-institute.com.au](http://www.chi-institute.com.au)

August 2012 to  
February 2015  
Owner, Manager Creator of Raw Food Cafe, Raw on Rye, in  
Rye, Victoria  
CEO of the Complementary Health Institute

Sept 2011 to  
June 2014 :  
EMPLOYER: The Health Arts College  
DUTIES: Joint venture to put onto scope  
Adv Dip of Nutritional Medicine  
Writing, co-ordinating and Lecturing Nutritional Medicine  
Course writer and lecturer for entire course until college  
changed ownership  
ADDRESS: 36 Ellingworth Parade, Box Hill, Vic, 3128  
Tel: 1300 658 326

Sept 1998 to  
April 2011 :  
EMPLOYER: Australian Institute of Holistic Medicine  
Jandakot, Perth WA  
DUTIES: Lecturing on a contract basis.  
Lecturing Herbal Medicine and Nutrition  
Course writer for Herbal Medicine and 3 nutrition units  
Promoted to Senior Lecturer December 2002  
ADDRESS: 862 North Lake Rd, Jandakot  
WA 6164 Tel: 08 9417 3553

Sept 2008 to  
April 2011 :  
EMPLOYER: Australian Stillpoint Institute  
218 Carr Place, Leederville, Perth WA  
DUTIES: Lecturing on a contract basis.  
Lecturing Herbal Medicine and Anatomy and Physiology,  
Nutrition  
Herbal manufacturing and Botany Field trips  
Writing all courses taught

Sept 2005 to  
 2008 :  
**EMPLOYER:** Australian College of Natural Medicine  
 170 Wellington St, East Perth WA  
**DUTIES:** Lecturing on a contract basis.  
 Lecturing Herbal Medicine and Pharmacognosy,  
 Herbal Preparation, Clinic Duties  
 Promoted to Clinic Manager 2005

March 1994 to  
**CURRENT:** Self Employed  
**POSITION:** Herbalist and Naturopath  
**DUTIES:** Undertaking naturopathic consultations throughout  
 The entire Avon Valley region.  
**ADDRESS:** Bogbean Farm,  
 P.O. Box 57, Calingiri, WA 6569

**Dec 98 to Sept 99:** Refuge Co-ordinator  
**EMPLOYER:** Salvation Army Karratha Women's Refuge  
**DUTIES:** Co-ordination of Refuge and 4 staff members.  
 Administration, maintenance implementation, stock control,  
 Case management, staff management, networking,  
 general day to day running of Refuge duties.  
 Writing Policies and Procedures for the refuge.  
**ADDRESS:** P.O. Box 363, Karratha WA 6714  
 Tel: 08 91852807

**April 98 June98:** Metallurgists Technician.  
 Assay data and input into Windows System with Excel.  
**EMPLOYER:** Black Swan Nickel Mine, Kalgoorlie. W.A.

**1995-8:** Living in remote bush and rural land, running  
**SELF EMPLOYED** small 150 acre farm, building and running Naturopathic  
 Business around Avon Valley. Consulting clients and creating  
 follow up procedure. Cultivating and trialing herbs to the  
 capacity of a Commercial Herbal Nursery. Working on an  
 organic and permaculture basis. Harvested a variety of  
 medicinal herbs.  
 Promoting and advising in regards to herbal cultivation and  
 utilisation.

**1991:1992** Managed restaurant and bakery in Thailand, cooking,  
 baking and teaching English to the locals.  
**EMPLOYER:** Cha and Nira Bakery. Thailand.

**Oct 1990-1991:** Coordinating 20 students with pathology practicals  
**Laboratory** Position also involved Post Mortem duties as well as Medical  
**Technician** Training.  
**EMPLOYER:** Cambridge University of Vet Medicine. Cambridge. UK.

**July 1989-1990:** This was a quality control position in the laboratories of a

**Laboratory Technician**                      Cosmetic factory, working with a range of disabled people.  
EMPLOYER:                                      GWB Products, London UK

**Jan 1989-June '89:**                      This was a temporary position in the laboratories of Hardy's  
**Laboratory Technician**                      Wines in South Australia. Work involved the quality  
Control of the wines and processing data.  
EMPLOYER:                                      Hardy's Wines. Reynella South Australia.

**Nov 1985-1987:**                              This laboratory position required maintenance of chemical  
**Laboratory Technician**                      Preparations and equipment. General maintenance of  
equipment and machinery. Computer and physical science  
training was given.  
EMPLOYER:                                      Cambridge University of Chemistry. Cambridge UK.

## REFERENCES

Samantha Warner, ND  
Director of Radiance Clinic  
565 Stevens Street,  
Mundaring  
Perth WA  
Tel; 08 9295 6519

Nicky Campbell  
Counsellor  
Tri-counselling  
Frankston, Vic  
Tel: 0428 566 833

Gordon Curruthers ND. BMD  
South Perth Naturopathic Clinic  
8 Lyall Street  
South Perth  
WA  
Tel: (08) 9474 4567